

MT. CALVARY CENTER FOR LEADERSHIP DEVELOPMENT



OFFICE OF THE PRESIDENT

The COVID-19 presented a multitude of challenges negatively impacting public health, employment, and access to basic resources. I would like to commend the MCCLD staff for your tenacity and zeal in ensure community safety, bridging the gap between needs and resources, and your instrumental services in navigating through an incomprehensible pandemic of great magnitude.

As a result of our collective efforts, Mt. Calvary Center for Leadership Development has developed strong and cohesive partnerships throughout Bladen, Brunswick, Columbus, Hoke, Pender, New Hanover, Robeson, Sampson and Scotland Counties. Such partnerships have proven to be instrumental in addressing food insecurities, housing and rental assistance, coordination of medical services, emergency financial assistance, utility assistance and educational opportunity.

The focus of Mt. Calvary is to holistically transform southeastern North Carolina into a series of healthy, well-balanced, educated and resource communities.

MCCLD Partners with North Carolina State University to Address Home Mold Issues

Mt. Calvary Center for Leadership Development was selected to partner with North Carolina State University and award funding to complete one year of research, data analysis, community engagement, citizen science, education or evaluation related to a local environmental health issue. MCCLD received favorable and esteemed reviews for its proposed work, prompting this financial award during this competitive process consisting of more than 80 community-based groups and educators from across the state.

Mt. Calvary will organize and facilitate several conferences to inform and educate the community about health risks associated with mold exposure before a natural disaster occurs. The project will primarily serve the residents of Pender, Bladen, Brunswick, Duplin and New Hanover County.

Black History Spotlight: Dr. Rebecca Lee Crumpler

After moving to Charlestown, Massachusetts in 1852, Rebecca Crumpler worked as a nurse for eight years. At that time, the lack of official schools of nursing meant Rebecca required no formal training for the job. But she certainly wasn't afraid of some hard work. She was admitted into the New England Female Medical College in 1860 and graduated four years later with her M.D.

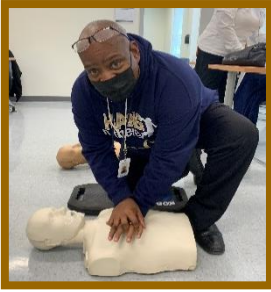
After the end of the Civil War in 1865, Dr. Crumpler moved to Richmond, Virginia to provide medical care for the freed slaves who would otherwise have no one else to turn to. She dedicated herself to the understanding of diseases that particularly afflicted women and children, and when she eventually returned to Massachusetts, she opened her own clinic in Boston.

At your convenience, you may complete the "It's Black History Month Trivia" to test your knowledge of Black-American History. You may complete trivia by visiting the following link: <https://www.proprofs.com/quiz-school/topic/black-history>.

**“The BEST way to find yourself
is to LOSE yourself in
service to OTHERS”.**

~Mahatma Gandhi

MCCLD Newsletter



MCCLD Partners with Cape Fear Community College to host Professional Development Trainings

MCCLD recently partnered with CFCC for the development and implementation of a series of professional development training designed to strategically enhance the scope of practice of Community Health Workers. As a result of this collaboration, Community Health Workers recently completed CPR training. The training provided life-saving techniques to assist persons in distress as resulted from cardiac arrest and other dire encounters.

The training awarded American Heart Association CPR Certification to 17 MCCLD personnel, thus making communities we serve safer.

Future trainings will include Conflict Resolution, Emotional Intelligence and Effective Communication.



Heart Health Month: American Heart Association

The American Heart Association has pinned February for the observance of Heart Health. According to recent studies, one person dies every 36 seconds in the United States due to cardiovascular disease.

Heart Disease is preventable as contributing factors include unhealthy eating habits, lack of exercise and stress.

Heart Disease can be combatted by implementing a heart healthy lifestyle to include an exercise regimen in one's daily activities, establishment of a healthy diet, incorporate stress relieving and coping mechanisms, etc.

In observance of Heart Health Month, the MCCLD staff participated in the Nation Wear Red Day Campaign on Friday, February 4.

MCCLD Helps in the Fight Against BREAST CANCER

Early and regular screenings are essential in early detection of breast cancer to increase one's rate of survival. When detected early, breast cancer treatment options are more diverse and effectively lead to a 93 percent or higher survival rate in the first five years.

In collaboration with Novant Health/New Hanover Regional Medical Center, MCCLD will host a Mammography Clinic on Saturday, February 26; 9:00 am - 1:00 pm. The event will be hosted at the MCCLD Burgaw Office.

Registration is now open to the public; however, slots are limited. Although medical insurance coverage is not required for testing, clients must share the name of their primary care physician to ensure delivery of test results in compliance with HIPPA regulations.

Leadership Training for Adolescents

MCCLD will resume leadership training to adolescents, aged 11-17, currently assigned to juvenile detention centers throughout North Carolina. The rigorous training program provides interactive modules equipping students with the skills

and character development resources designed to promote model citizenship behaviors.

MCCLD will provide its next training course at the Wake County Youth Detention Center. Upon successful completion of training, students will be awarded a MCCLD Leadership Training Certificate of Completion.



Community Health Workers on the FRONT LINE

Brunswick County Community Health Workers, Ms. Jennifer Beckley and Ms. Lizeth Mendoza, received notification from a local business owner detailing a housing insecurity on behalf of a county resident. The client, diagnosed with ovarian cancer and recently released from an extended hospitalization, was exposed to rigid winter temperatures below freezing, was forced to seek shelter in her vehicle.

Ms. Beckley and Ms. Mendoza experienced a great deal of challenges in their diligent search to assist the client in securing a safe place of rest; however, they were persistent in this endeavor. In spite of limited resources to address homelessness, the Team was successful in obtaining the financial sponsorship from Brunswick County Deputy to accommodate a hotel stay.

As a result of Ms. Beckley's and Ms. Lizeth's admirable efforts, the client was granted residency in a one-bedroom apartment with the Robeson County Housing Authority. The Team also secured the donations of needed house furnishings including a sofa and mattress.

MCCLD *Upcoming Events*

FEBRUARY 1 - 28

Vaccination Clinic and Gift Card Distribution – Scotland County Health Department – Laurinburg (Scotland County)

FEBRUARY 5

COVID-19 Vaccination Clinic; IGA Grocery Store – Raeford (Hoke County)

FEBRUARY 5

Vaccination Clinic; Edgecombe Community Center – Hampstead (Pender County)

FEBRUARY 5

Holden Beach Vaccination Festival; Holden Beach (Brunswick County)

FEBRUARY 11

COVID-19 Vaccination and Testing Clinic; Heritage Center – Fairmont (Robeson County)

FEBRUARY 11

COVID-19 Vaccination and Testing Clinic; Sandy Grove Family Center – Lumber Bridge (Robeson County)



FEBRUARY 12

COVID-19 Vaccination and Testing Clinic; Lee's Chapel Church – Maple Hill (Pender County)

FEBRUARY 12

Community Vaccine & Testing; Scotland High School - Laurinburg (Scotland County)

FEBRUARY 18

COVID-19 Vaccination and Testing Clinic; Fair Bluff Fire Department – Fair Bluff (Columbus County)

FEBRUARY 19

Vaccination Clinic; Moore Creek Baptist Church – Currie (Pender County)

FEBRUARY 26

Women's Health and Wellness Clinic; Mt. Calvary Center for Leadership Development Burgaw Campus – Burgaw (Pender County)

VIC PREPARATORY ACADEMY

The MCCLD Vocational, Industrial & College Preparatory (VIC) Academy focuses to provide low-income, marginalized, and minority youth with career exploration, industrial trades, and college preparatory skills. Health sciences is embedded in the curriculum with a major focus on diversity, equity, and inclusion for underserved, minority populations.

The 2022 Spring Cohort will start accepting applications soon!

*“They may forget your name,
but they will never forget
HOW YOU MADE THEM FEEL.”*

~Dr. Maya Angelou



SATURDAY

FEBRUARY 19
10:00 AM - 1:00 PM

**COLLEGE
PREPARATION
DAY**



PREPARING FOR LIFE AFTER HIGH SCHOOL!

Serving Duplin, Pender and New Hanover Counties

This event will assist students that are applying for trade school, community college and universities. Experts will assist students in identifying scholarships, grants, financial assistance and create FAFSA login credentials. Space is limited to 10 students.

REFRESHMENTS WILL BE PROVIDED!

MT. CALVARY CENTER FOR LEADERSHIP DEVELOPMENT

**Burgaw Campus
405 Hwy 117 South
Burgaw, North Carolina**

**Call 910.665.1352 to reserve
your spot today!**